

**Cadet carving**

Halloween pumpkin promotes new ad campaign

Page 7

Fort Riley Post

**Dog-gone right**

McGruff helps spread drug-free message

Page 13

Friday, November 3, 2006

America's Warfighting Center

Vol. 49, No. 44

Hospital offers flu shots

Immunizations will be given to high-risk individuals in the Preventive Medicine Clinic on the 5th floor of Irwin Army Community Hospital from 7:30 a.m. to 4:30 p.m. on Nov. 22 and from 1 to 7 p.m. Nov. 29.

High-risk individuals include:

- Those aged 65 and older
- Those with chronic health problems, such as heart disease, lung disease, diabetes, anemia, etc.
- Those with seizure disorders or cerebral palsy
- Those with weakened immune system (HIV/AIDS, cancer, steroidal therapy)
- Children and adolescents 6 months to 18 years of age on long-term aspirin therapy
- Women pregnant during flu season
- All children 6 to 59 months old
- Household contacts and out-of-home caretakers of infants from 0 to 59 months old.

Post changes gate hours

Post gate hours changed Nov. 1.

The Ogden, Henry and Trooper gates will still be manned 24 hours a day, seven days a week. Visitors can be logged in at all three gates.

Changes are:

- The 12th Street gate will be closed on weekends and at 2 p.m. during the week.
- The Grant Avenue gate will be closed on weekends and at 9 p.m. during the week.
- The Rifle Range Road gate will be open only from 5 to 9 a.m. Monday through Friday.

The vehicle registration office will be open at the Henry Drive gate from 8 a.m. to 6 p.m. Monday through Friday. It is closed on weekends and holidays.

Stay in Step with Fort Riley

See what's happening on Fort Riley. Tune in to Fort Riley cable channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m. or watch "In Step with Fort Riley" at 5 a.m. every Saturday and at 11 a.m. most Saturdays on WIBW TV, Channel 13.

This week's show, which runs on WIBW TV Nov. 4 and on the post's cable channel 2 Nov. 6 through Nov. 12, includes:

- The Army chief of staff watching 4th IBCI rail load for deployment to NTC
- The 11th annual Ghost Tours
- Post Fire Department receiving awards
- The Higher Grounds Coffeehouse opening
- A route clearing exercise by 70th Engineer Battalion Soldiers
- And more.

Hospital plans \$28M expansion

By Jan Clark
IACH PAO

In an effort to accommodate the expanding Fort Riley population, plans are being developed to build a primary care clinic next to

Irwin Army Community Hospital. The \$28 million project being proposed would be the main site for family practice care. A walkway connecting the clinic to the main hospital would assure convenient and easy access to support services, such as the laboratory

and radiology. IACH continues to look at the ways and means of providing the best possible care to patients. The June opening of the Caldwell Family Practice Clinic on Custer Hill is one example. The majority of patients seen there live on "The

Hill." With one military health care provider not scheduled for deployment and government and contract staff assigned to the clinic, the No. 1 priority is providing continuity of care, explained hospital officials.

The Aviation Clinic at Marshall

Army Airfield opened in August. It provides sick call and clinic services to Soldiers of the new Combat Aviation Brigade working at the airfield.

Major renovation being done in

See Hospital, Page 2

Arm, please

Teams learn lifesaving techniques

By Anna Morelock
Staff writer

Maj. Vince Yznaga, Sgt. 1st Class Charles Jennings and the other Soldiers from National Police Training Team class 10 took turns stabbing each other Oct. 28 at Camp Funston.

Eight NPTTs spent part of the day in the classroom and the other part gathered around tables administering IVs to each other during the third day of a four-day combat lifesaving course. Some of the Soldiers only needed one stab to successfully start an IV; others needed two or three tries, as evidenced by the many bandaged arms around the room.

Around the warehouse-type classroom, Soldiers sat in chairs with their arms laid on tables, exposing their veins to their buddies. Some watched as the needle slid into their arm; others looked away, grimacing.

To the amusement of his teammates, one major even passed out. "It's a perishable skill," said Yznaga, who only took two tries to start an IV and, in return, offered up his own arms twice. "We've all trained on combat life saver, and it's the same skills. (It's) the whole course that's really changed to focus on battlefield trauma, and so for all of us to get that, it's a great thing."

The course for the transition teams concentrates on the preventable, said Capt. Phillip LaCasse, commander of Company E, 2nd Battalion, 34th Armor, the company in charge of four of the eight teams doing CLS Oct. 28.

"The first day of class, they showed us statistics for the percentage of casualties in previous wars who died for reasons that would have been preventable," LaCasse said. "This class tries to concentrate on the



Post/Morelock

Staff Sgt. Timothy Petronico prepares an IV bag during Military Transition Team CLS training Oct. 28 at Camp Funston.

Staff Sgt. Hector Cappas looks on as Sgt. 1st Class Charles Jennings administers an IV to Maj. Vince Yznaga.

Post/Morelock



Sgt. Meken Yaceczko watches as Maj. Robert Brown administers an IV to Capt. Joshua Camara during CLS training Oct. 28 at Camp Funston.

Post/Morelock



Division accepts training mission

'Dagger' Bde. leaves post after 'set-up'

Spc. Shaina Howard
1st Inf. Div.

The 1st Infantry Division thanked the 2nd Brigade, 91st Division (Training Support), for their help with setting up Military Transition Team training at Fort Riley in a ceremony at Ware Parade Field on Oct. 24.

The ceremony's key speaker, Maj. Gen. Carter Ham, commanding general of the 1st Inf. Div. and Fort Riley, spoke about the "Dagger Brigade" Soldiers and their mission while at Fort Riley.

"Dagger Brigade" Soldiers, you came here in May to assist Fort Riley in becoming the hub of the military's transition team training mission. You were initially selected by senior Army leadership to set up the Fort Riley training mission because of your successful record of MITT training missions for the past three years, Ham said.

The 2 Bde., 91st Div. (TS), helped shape the MITT training mission at Fort Riley, for the most part, from scratch when they arrived from Fort Carson, Colo. The trainers created a 60-day training model that teaches the skills needed for the teams to deploy.

These skills include weapons training, combat lifesaving, drivers training, language familiarization and cultural awareness.

Transition teams are made up of 10 to 15 members who train for 60 days and then deploy for a year to Iraq or Afghanistan. Once in-country, the teams work as advisors to local military forces.

"You have trained cadre from the 1st and 3rd Brigades, 1st Inf. Div., to take over the training mission. Thanks to your hard work and expertise, our Soldiers are ready to take on this crucial mission," Ham said.

Col. Raymond Lamb, commander of 2nd Bde., 91st Div. (TS), echoed Ham's sentiments.

See MITT mission, Page 2

541st CSSB takes reins for Iraq duties

By 2nd Lt. Rafael Villalobos
541st CSSB

IRAQ — The dawn of October presaged the assumption of a new mission for Soldiers of Fort Riley's 541st Combat Sustainment Support Battalion.

The Transfer of Authority ceremony took place in early October

at Camp Liberty. Spirits and morale appeared high as Soldiers of the "Pacesetter Battalion" replaced the Germany-based XVIII Corps Support Battalion.

Months of training and preparation readied the 541st CSSB for a quick transition into its wartime mission. Staff Sgt. Wetzel Boushie of the battalion's Headquarters and Headquarters Com-

pany said, "this was one of the most professional and complete transitions I have experienced in my 17 years of service."

The 541st CSSB is now composed of several companies from all over the United States, but it retains its Headquarters Company and historic ties to the 1st Maintenance Company. Their mission, being one of the largest maintenance companies in active duty

service, is to provide wide ranging external maintenance and supply support throughout the Multi-National Division—Baghdad area.

Company B, 1st Bn., 34th Armor, from Fort Riley also is deployed in the role of a security company as a part of the 541st CSSB.

Other units serving temporarily under the "Pacesetter" colors are the 289th Quartermaster Company of Fort Hood, Texas, the 442nd Field Services Company from Bellefonte, Pa., and the 32nd Transportation Company from Fort Carson, Colo.

This is the 541st CSSB's second deployment in support of Operation Iraqi Freedom.





Lady Victory headed to Riley

A mover steadies the base of the 1st Infantry Division's Lady Victory statue as it's hoisted into the air over Victory Park on Leighton Barracks in Wuerzburg, Germany, Oct. 26. After nearly 10 years perched atop its granite base near the center of the wooded park, the division's winged icon is being packed for shipment to the United States, where it will rejoin the division at Fort Riley. The statue, which stands almost 9 feet tall and weighs more than 1,700 pounds, was made in Poland in 1998 and resembles the figure portion of the 1st Inf. Div. Monument in Washington, D.C.

69th ADA Bde. Photo/
Queen



Hospital continued from page 1

the emergency room will provide eight new treatment rooms, state-of-the-art equipment and services and a separate ambulance entrance by late spring 2007.

Construction begins Nov. 1 on seven modular buildings that will be located behind the hospital. Expected completion is May 2007. Hospital administrative staff will move their offices into the modular buildings following completion, allowing for expansion of various areas within the hospital.

A two-year project to build an additional troop medical clinic is

scheduled to begin in fiscal year 2007.

The clinic's main purpose will be to handle the increased population on Custer Hill.

With the base realignment initiative the IACH facility will expand to accommodate the post's growing patient population. The hospital has 105 new employees on board, but staffing will continue to increase to meet patient demands, the officials said.

With the estimated increase in staff to exceed 300, hiring actions already are being processed.

MiTT mission

continued from page 1

"The 'Dagger Brigade' will depart Fort Riley with a sense of professional pride, one that comes from knowing you've made a difference on your watch ... and professional pride in knowing that the Soldiers you're leaving in contact are more than ready to assume the mission."

1st Bde. assumes training role

Soldiers in the 1st Bde., 1st Inf. Div., have been working beside the "Dagger Brigade" trainers since Aug. 24, as they prepared to assume the MiTT training mission. Beginning Oct. 16, 1st Bde. officially took over training as its 2nd Battalion, 34th Armor, began training class 10.

The "Dagger Brigade" did an excellent job in preparing his Soldiers to take over the MiTT training mission, said Lt. Col. David Seigel, 2nd Bn., 34th Armor, commander.

"(The) 2-34 trainers conducted a right seat ride with the 2nd Bde., 91st Div., so they could watch how the 'Dagger Brigade' trained the transition teams," Seigel said. "We then did the left seat operations, where the 2nd Bde., 91st Div., watched us to make sure we were ready to have this mission ourselves, and now we have that mission."

Lt. Col. Marc Van Oene, deputy S3, 2nd Bde., 91st Div. (TS), said the transition of the MiTT training from the "Dagger Brigade" to the 1st Bde. was going to be "seamless."

"We gave 1st Bde. a lot of additional training as they watched how we did training," Van Oene said.

"They're going to make some improvements. They're going to change things a little bit, and that's OK, because you can always get better. They will try to make it better so troops can be sent in-country and do what they need to do," he added.

In the long term, this MiTT training will ultimately allow us to withdraw some of our major units from Iraq, and we will keep a much lower profile, said Ham.

Seigel reiterated Hams thoughts on how the MiTT training will help with the withdraw of U.S. forces.

"If you look at Iraq...this is the transition...the transition team purpose over all is to embed with the Iraqi Army and police units and this is how we make sure they're good to go," said Seigel. "And at some point we'll be able to say the Iraqi police and the Iraqi army are ready to take this mission on and our forces can come back home to peacetime operations."

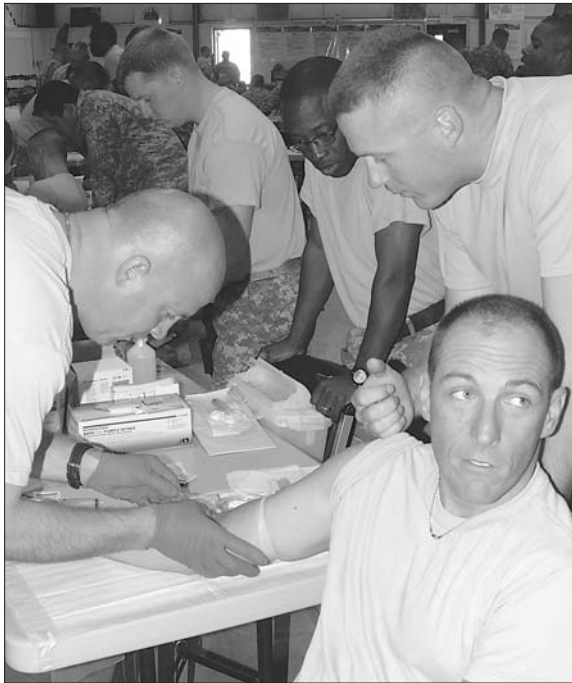
US ARMY /ARMYMILL
2 x 6"
Black Only
702548 pu 9/11

FLINT HILLS VETERANS COALITION
2 x 6"
Black Only
269flirt Hill Vet11/03

FIRST NATIONAL BANK - WAMEGO
2 x 10.5"
Black Only
fzb

THE EYE DOCTOR
4 x 4"
Black Only
4x4.nnedoc.10/27.1818.1k





Staff Sgt. Richard Beasley (right) supervises as Maj. Thomas Talley administers an IV to Capt. Mark Fraser. Soldiers of Co. C, 101st FSB, conducted the training.

Lifesaving

continued from page 1

preventable — bleeding from extremities, for example.

Other things the Soldiers learn in the class are how to perform chest compressions for a sucking chest wound, treatment for shock and administering an IV, he added.

Previous CLS classes fell short

Yznaga said previous CLS classes he's had focused on things such as treating heat casualties and cold weather casualties.

"They still cover some of that stuff, but what happened over the last couple of years is they've really tailored the CLS course to combat operations.

"They really focus on three things," Yznaga said. "One, stopping bleeding; two, breathing or keeping the airway clear; and three, is treatment and battlefield treatment.

"That means everything from bandages to various types of dressings to splints and stabilizing a patient so you can evac them," he said.

After the classroom sessions and some hands-on practice, the teams will head out to get even more realistic training for their final CLS exercise.

"It's going to certify that you know exactly what you're doing once you run up on your battle buddy out there in the field, Jennings said of the final training lanes."

The training will "make sure that everything that they went over in the hands-on class portion, that once you get out there in the field you can actually execute it," he said.

The training is helpful and needed, Jennings added. "You definitely need to practice it. The more you practice it, like we're doing here today, the better off you'll be once you get out there in the field."

On day four of their training, the classroom will be turned into a dining facility that has just been hit with mortar rounds, LaCasse shared. The Soldiers will have to go into the set-up chaos and practice their skills.

The last day of training isn't necessary for the Soldiers to become certified in CLS, but it's a good experience for them to get, LaCasse said.

Class 10 faces another month

The Soldiers of Class 10 have been at Fort Riley for about a month and are about two weeks into their 60-day transition team training cycle. The class is the first to train under 2nd Bn., 34th Armor, since the 1st Infantry Division took over training from 2nd Brigade, 91st Division (Training Support), Oct. 24.

While deployed, the transition team Soldiers will be imbedded with Iraqi national police battalions, brigades and divisions.

Each transition team, made up of about 10 Soldiers, is assigned a medic who would normally handle any CLS procedures.

"But," Yznaga said, "if the medic goes down or if the medic's not there or available, we all have to be able to do this."

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.

Post, Army news briefly

Battalion gets commander

Lt. Col. John A. Nagl assumed command of the 1st Battalion, 34th Armor, in a ceremony Oct. 26 at Custer Hill Parade Field on Fort Riley.

He succeeds Lt. Col. Michael S. Higginbottom, who takes on a new assignment with the Multi-National Security Transition Command-Iraq in Baghdad.

Nagl joins the 1st Bn., 34th Armor, after an assignment as assistant to the deputy secretary of defense in Washington, D.C.

Nagl's battalion is responsible for training Military Transition Teams.

Op Santa plans ribbon cutting

A ribbon cutting and open house ceremony to kick off Operation Santa Claus is scheduled for 3 p.m. Nov. 8 in Building 261.

Maj. Gen. Carter Ham, commanding general of the 1st Infantry Division and Fort Riley, is scheduled to cut the ribbon.

Refreshments will be served.

DAILY UNION
6 x 12.5"
Black Only
AUSANOV,



Post, Army news briefly

Dining hall serves families

The Main Post Dining Facility is now open to families on Saturdays and Sundays. Cost for family members will be the same as for Soldiers on Separate Rations.

Breakfast hours are 7:30 to 9 a.m. both days.

Lunch hours are noon to 1:30 p.m. Saturday and 11 a.m. to 1:30 p.m. Sunday.

Dinner hours are 4 to 5:30 p.m. each day.

Open season health fair slated

The 2007 Open Season Health Benefits Fair is scheduled for 9 a.m. to 2 p.m. Nov. 30 in Riley's Conference Center.

FEHB Plan representatives will be on-site to answer questions, provide information and distribute open season health care packets.

Occupational Health representatives also will be on-site to give free blood pressure checks.

Laundry offers Cif services

The laundry Drop Off/Pick Up Point for services provided by PENN Enterprises, Inc. is located at Building 229, the old commissary, on Custer Avenue. Hours of operation are 7:30 a.m. to 3:45 p.m. Monday through Friday.

These services are offered to all military personnel for cleaning of most Central Issue Facility items and are turned around within three days.

When CIF items are cleaned using PENN's services, a cleaning Soldier need only present their laundry receipt. In order to CIF to automatically accept the equipment.

GEICO- APC
3 x 10"
Black Only
719945 commitment service bw

'Dragons,' Guardsmen build 'city'

By Maj. Kirk Luedeke
4th IBCT Public Affairs

The mission assigned to Capt. Terrence Alvarez, commander of the 4th Infantry Brigade Combat Team's engineer company, Company A: Evaluate the Smoky Hill weapons range for feasibility of conducting urban operations.

The result: Over a three-week period, his Soldiers would build a realistic Iraqi village almost from scratch.

The training area, located near Salina, Kan., serves as an aerial target range for the U.S. Air National Guard. It served as the location for the 4th IBCT's field training exercise earlier in October.

Soldiers use engineer skills to upgrade site

After discovering that the proposed existing site contained only windowless steel shipping containers, Alvarez's Soldiers used their construction skills to transform the Spartan complex into a "modern" hamlet similar to anything Soldiers might find in the Middle East. The completed village contained a mosque, town hall, school, police station and homes.

"We came out about a month before," the FTX in early October, Alvarez said. "These Soldiers did tremendous work in a short amount of time."

The shipping containers provided an adequate urban signature for Air Force pilots thousands of feet above the ground but lacked functional doors or windows that could provide realistic training for Soldiers conducting challenging MOUT training on the ground, Alvarez said.

So, he and his leadership had to quickly design substantial modifications that could work and then get the funding and support to pull it off.

Air Force Lt. Col. Jeff Jordan, training officer for the Kansas Air National Guard, helped coordinate the joint effort and hailed the cooperation and collaboration between the services.

"It went great," Jordan said. "The support was mutual and we



4th IBCT/Alvarez

Soldiers of Co. A, 4th IBCT STB, build a window into a steel shipping container as part of the unit's efforts to construct a realistic Iraqi village at the Smoky Hill Air Weapons Range in Salina.

really worked as a team. It was joint interoperability at the lowest level, where you had two sergeants from different services coming together on what was needed and then making it happen. I thought it was phenomenal."

Construction took about 3 weeks

It took about three weeks and a lot of resources to complete, but when all was said and done, the effectiveness of any MOUT training conducted there increased dramatically.

"My lieutenants and first sergeant basically ran the day-to-day operations and made sure the project was done safely and the end state was of high quality and safe for training," Alvarez said.

"We also got tremendous support from the Air National Guard here

at Smoky Hill. Without their help, we would not have been able to make it happen."

The Smoky Hill Range personnel assisted in the construction by cutting doors with welding torches, paving roads inside the town and building a runway for the brigade's unmanned aerial vehicles.

The battalion recognized all who were a part of the construction with presentation of battalion coins. For their efforts, two Airmen received Army Achievement Medals from STB Commander Lt. Col. Joe Birchmeier.

Company A, known as the "Sappers," has about 70 troops assigned to it and focuses on mobility, survivability and general engineer support to the "Dragon Brigade." In reality, the unit's

existence is much more complex than that, because the "Sappers" are responsible for search operations, route reconnaissance and convoy clearance operations, defeat of improvised explosive devices, infrastructure assessments and general electrician support for more than 3,000 Soldiers in the brigade.

"We are also prepared to fight alongside the infantry if the situation requires," Alvarez said. "I work for the brigade commander.

Whatever he needs us for, even if it is outside the scope of what we normally do, we figure it out and get it done."

Alvarez and the rest of the "Sappers" showed the 2nd Battalion, 16th Infantry Regiment, that they were prepared to enter the fray as infantry by serving as the

FTX's opposing force, or OPFOR. It was the engineers who donned disdashas and other Middle Eastern garb and went to battle as insurgents against the "Rangers" who were tasked with seizing the village, dubbed ad-Dukhani by its creators.

Co. A's Sgt. 1st Class John Williamson was instrumental in the town's construction and played the role of an insurgent combatant. After falling to a "Ranger" "bullet," he took time out to reflect on the infantry battalion's attack and the tenacious defense of the hamlet mounted by 35 of his fellow Co. A Soldiers.

"As they (2nd Bn., 16th Inf.) were attacking, they had very good suppressive fire with their M240s and M249s (Squad Automatic Weapons)," he said. "I couldn't even poke my head out of the window to get a clean shot."

Clearing town harder than expected

Once the Soldiers from 2nd Bn., 16th Inf., got into town, however, it was a much tougher challenge to defeat the entrenched enemy, who forced the infantry to go building-to-building, door-to-door and fight to the last man. At the end of the day, although the "Rangers" held ad-Dukhani, they had paid dearly for it.

The town, originally built by the Air Force to resemble a neighborhood in the Iraqi city of Fallujah, was modified by the "Sappers" into a deathtrap for assaulting forces. It contained a square mile of fighting positions in buildings with interlocking and overlapping fires, maze-like corridors and very little cover and concealment for the attacker.

"We knew we were defending it," Alvarez said. "It isn't often that you get to design a town with an eye for having to repel an attacking force. Knowing that in advance certainly helps."

"I think this was very good training," Williamson said, "not only for us, but hopefully for the infantry as well."

USA DISCOUNTERS
3 x 10.5"
Black Only
b&w



Commentary

Friday, November 3, 2006

Fort Riley Post

Page 5

Riley Roundtable

This week:

In place of the normal Roundtable responses, the Post is presenting four animals sheltered on post and in need of adoption. The normal Roundtable will return next week.



Maxwell is a 2-year-old male orange and white tabby cat looking for a home. Maxwell has a laid-back personality, loves to be petted and is good with children and other dogs and cats. The cost to adopt this lovable kitty is \$57, which includes fees for rabies and distemper shots, deworming, a feline leukemia test and a microchip.



Patches is a lovable beagle and hound mix who was found as a stray and brought to the stray facility. Patches is good with kids and other animals and is house-broken. The cost to adopt Patches is \$22 for rabies and distemper shots.



Smoky is an affectionate 6-month-old black and grey kitten who is looking for a home where he can play. The cost to adopt this lovable kitty is \$57 for rabies and distemper shots, deworming, a feline leukemia test and a microchip.



Sprinkles is a 2-year-old border collie mix who loves to go for walks and play with her ball. She is good with kids and other animals and is house-broken. Sprinkles was surrendered to the Fort Riley Stray Facility when her previous owners moved and is looking for a home where she can be an indoor dog. The cost to take Sprinkles home is \$40 for rabies and distemper shots, a heartworm test and deworming.

By Lt. Col. Wayne Shanks
Army News Service

I have to admit when I first heard "Army Strong" I thought, "That's it?" But as I've thought about it, "Army Strong" is much more than two words. It represents the best of the Army; the best of America; the best of each and every Soldier.

I think "Army Strong" works better if you imply, "I am, You are or We are 'Army Strong,'" but what does it mean to be "Army Strong"?

"Army Strong" is more than muscles; it's the Soldiers who can endure long patrols constantly alert for hidden dangers, or run

faster and farther than they ever thought they could.

"Army Strong" is more than sheer military might (tanks, helicopters, artillery, missiles, etc.); it's the Soldiers who drive, fly or shoot all that hardware.

"Army Strong" is more than completing tough training; it's parachuting from an airplane at 800 feet when you're scared to death of heights.

"Army Strong" is more than being smart; it's having the knowledge and tenacity to develop a way to solve seemingly impossible problems.

"Army Strong" is more than combat operations that destroy an enemy; it's the Soldiers and leaders who plan and execute it — it's Boots on the Ground.

Behind the slogan

'Army Strong' more than just 2 words

"Army Strong" is more than the pungent smell of burnt gunpowder after a firefight; it's the Soldiers whose well-aimed fire protected their buddies.

"Army Strong" is more than intelligence systems, unmanned aerial vehicles and geographical positioning systems; it's the Soldiers who bring that information to the leaders who can use it to stop an insurgent attack.

"Army Strong" is more than beans, bullets and repair parts; it's the Soldiers who ship, manage, prepare, repair and move all the things that keep the Army rolling along.

"Army Strong" is more than just doing what's right; it's the

Army values embodied by Soldiers who carry out their duties every day.

"Army Strong" is more than a "Welcome Home" sign taped to a fence; it's the "Daddy, Daddy, Daddy!" yelled across a tarmac late at night and a long embrace at the end of a deployment.

"Army Strong" is more than an individual Soldier's strength; it's the teamwork of a well-trained squad executing actions on contact.

In short, "Army Strong" is far more than two words; it's the underlying moral fiber, the deep-seated emotions and the total determination every Soldier carries.

No one can stop this team — it's "Army Strong."

For your health

Nov. 16 'great' day to stop all the puffing

By Pete Wiemers
Health Promotion Educator

The American Cancer Society's Great American Smokeout will be Nov. 16. For those of you who have tried unsuccessfully to quit smoking, you know how hard it can be.

The difficulty comes from the fact nicotine is a very addictive drug. For some, it can be as addictive as heroin or cocaine.

The U.S. Department of Health states it usually takes people two, three or more tries before finally being able to quit. Each time you try to quit, you can learn about what works for



Pete Wiemers

you and what doesn't.

While quitting takes hard work and a lot of effort, you can quit smoking.

There are many good reasons for quitting.

* You will live longer

and live better.

* Quitting will lower your chance of having a heart attack, stroke or cancer.

* If you are pregnant, quitting

smoking will improve your chances of having a healthy baby.

* The people you live with, especially your children, will be healthier.

* You will have extra money to spend on things other than cigarettes.

...

There are key steps to quitting. Studies have shown that these steps will help you quit and quit for good. You have the best chance of quitting if you use them together.

The steps are: Mentally prepare yourself, receive support, learn new skills and behaviors and receive medications (optional).

The Preventive Medicine Department at Irwin Army Community Hospital offers a four-week program.

Based on the Freshstart program from the American Cancer Society, it offers small group support, behavioral modification techniques, medication for withdrawal symptoms and nicotine patches. The class meets for one hour each week.

Call the Preventive Medicine Service to enroll.

Remember, if you can quit for a day, you can quit for a lifetime. Call Preventive Medicine Services at 239-7323 or visit www.cancer.org on the Web for more information.

Letter to the Editor

Wisconsin students want Kansas info

Our 4th grade class is studying the regions of the United States. We are learning about each state and their environment, land forms and special places of interest.

We are asking for your help. We would like people to send us postcards that show us what your state is like. This would give us the opportunity to get a first-hand look at your state and help us to become aware of the great country we live in.

If you would like to write a

note on the back, we would appreciate it.

We want to take this opportunity in advance to thank you for helping us make learning a fun and rewarding experience. We appreciate your help.

Send post cards to Jackie Shier, 4th grade class, c/o Peshtigo Elementary Learning Center, 341 N. Emery Ave., Peshtigo, WI 54157.

Jackie Shier
4th grade class

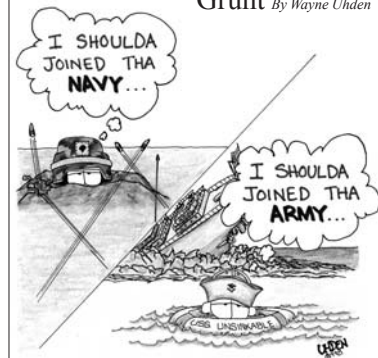
Letters to the editor:

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations.

Letters accepted for publication must include the writer's full name and a phone number where he or she can be reached.

Letters may be edited to fit space but never edited to change the writer's viewpoint. Send letters to mike.heronemus@riley.army.mil or fax them to 239-2592.

Grunt By Wayne Uhden



FORT RILEY POST

This newspaper is an authorized publication for members of the Army. The contents of the Fort Riley Post are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army or Fort Riley. The Fort Riley Post is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited and provided by the Public Affairs Office and Fort Riley. The Fort Riley Post is published by Montgomery Communications, a private firm in no way connected with the Army, under exclusive written contract with Fort Riley.

Publisher-Maj. Gen. Carter Ham
Public Affairs Officer-Lt. Col. Christian Kubik
Command Information Officer-Vacant
Printer-John G. Montgomery
Fort Riley Editorial Staff
Editor-Mike Heronemus
Staff writer-Anna Morelock
Advertising Representatives-
Mary Crough, Denette Busing, Lauren Karp

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Montgomery Communications of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

For business or advertising matters, call The Daily Union in Junction City at (785) 762-5000. For news offerings, call the Fort Riley Public Affairs Office at (785) 239-8854 or DSN 856-8854, or write to the Public Affairs Office Bldg. 405, Fort Riley, KS 66442-5016.

Circulation 8,800 copies each week

By mail \$20 per year
A licensed newspaper member of the Junction City and Manhattan chambers of commerce

Post Reader Feedback Form

How does the Post rate?

	Poor	Fair	Good
Interesting articles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Valuable information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mix of unit, community news	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Photo coverage of events	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sports coverage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Entertainment coverage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Travel coverage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Availability of paper	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Easy to read, understand	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2592 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442, or drop the form at building 405. You may also send your opinions to the staff by e-mail at mike.heronemus@riley.army.mil.

What are your concerns or suggestions for improvement?

Your name (optional) and phone number (if you would like to talk about your ideas): _____



U.S. ARMY RESERVES- ARMED FORC
6 x 21.25"
Black Only
718120 PU 9/8 CERRIC DAVIS





Crews film at Fort Riley

1st Inf. Div. picked to portray new 'Army Strong' slogan

By Pfc. Nathaniel Smith
1st Inf. Div.

Some Fort Riley Soldiers experienced the glitz and glitter of "Tinsel Town" firsthand without leaving Kansas. They took part in the majority of the filming for the new Army ad campaign done on post Sept. 25 to Oct. 5.

HSI Productions, Radical Media and still photographer Ami Vitalie filmed the new Army television, Internet and print advertisements scheduled to be released nationwide Nov. 9.

The new "Army Strong" cam-

aign slogan is intended to convey the inner strength the Army instills in each of its Soldiers. Soldiers of the 1st Infantry Division were chosen by high-ranking Army officials to showcase that strength to the world via the new ad campaign.

"Army Strong" is meant to portray the strength personified by every U.S. Army Soldier past, present and future, said Lt. Col. Christian Kubik, 1st Inf. Div. public affairs officer. "It is a commitment to serve and an opportunity to transform young Americans into powerful individuals who are mentally, emotionally and physi-

cally capable of facing any adversity that comes their way," he explained.

The two Hollywood production companies worked with "Big Red One" Soldiers on a daily basis during the filming and production.

Sgt. James Jamerson, a radio operator assigned to Headquarters and Headquarters Company, 4th Infantry Brigade Combat Team, said he was excited to have the opportunity to participate in the campaign.

"It was a good experience for me, and I really enjoyed it," he said. "Someday somebody might

see the ad, and it'll inspire them to join the Army."

Jamerson said he found it interesting to see the film crews in action, and the film crews said they felt the same way about the Soldiers.

"It's nice to work with a group that knows what they're doing," said Ian Callum, second assistant director with HSI Productions. "Usually, when we work with this many people, we just don't have the plans in place, but it's been easy to move things here."

Before the crews came to Fort Riley, they received sketches of what the advertisements contained.

"I got a picture of the story boards and saw that we'd be working with the troops, playing with helicopters and 'Humvees,'" Callum said. "I was just excited to be out here and be a part of it, to get to see the Army up close and personal."

While he was excited to work on this project, Callum said he knew there would be problems with organizing as many people as the endeavor would require, but he said the shoot went well.

The crew worked many long hours supporting the daunting task of logistically coordinating all aspects of the two-week production - the Soldiers, weapons, helicopters and "Humvees" as well as the cameras, lighting and other production equipment, Callum said.

'Shoot' coordination goes very well

Despite this logistical nightmare, Callum said the coordination between the Army and HSI Productions went very well.

"It's been a really good experience, and we're all getting along very well," Callum said about the Fort Riley part of the "Army Strong" production.

"At Fort Riley, this strength manifests itself not only in our Soldiers, but in our family members and our civilian work force as well," Kubik said. "Every day our community stands together to accomplish our mission."

"There is no force in the world greater than the U.S. Army, and there is nothing stronger at Fort Riley than the 'Big Red One' community working hand-in-hand to train and deploy transition teams to Iraq and Afghanistan, sustain the installation and provide combat-ready forces in support of the defense of this great nation," Kubik said.



A makeup artist with Radical Media prepares Pfc. Andrew Toddenter, a scout sniper with Headquarters and Headquarters Company, 2nd Battalion 16th Infantry Regiment, for an interview during filming at Fort Riley's Training Area 6.

1st Inf. Div./Smith



1st Inf. Div. Photo/Smith

An AH-64 Apache helicopter flies over "Big Red One" Soldiers during filming at Training Area 17 at Fort Riley. The filming was for the new "Army Strong" ad campaign, which replaces "An Army of One" as the recruiting slogan.

Cadet's pumpkin portrays slogan

By Leslie Gordnier
Army News Service

WEST POINT, N.Y. - U.S. Military Academy Cadet Third Class Jason Schreuder is doing his part to help the Army advertise the new "Army Strong" campaign.

Schreuder, from Kalamazoo, Mich., and a member of the class of 2009, plans on majoring in mechanical engineering.

Last year, he carved the crest of the U.S. Corps of Cadets onto a pumpkin. This year he decided to honor the Army's new advertising slogan, which was announced in October and will kick off nationwide Nov. 9, just before Veterans Day.

"Every year, I carve pumpkins. I try to look for something that's relevant to the Army and that inspires me to continue to excel," Schreuder explained.

"I chose the 'Army Strong' slogan because it encompasses how we live our lives as members of the U.S. Army and acts as a constant reminder of why we serve."

"I did a bit of searching on the Internet and got some ideas from some Army posters that I found," he said. "I combined a few designs to get the final product."

Schreuder spent about 12 hours creating the pumpkin, complete with a detailed Abrams Main Battle Tank and the "Army Strong" campaign slogan.

manhattan shoe
2 x 2"
Black Only

KPA
2 x 2"
Black Only
portal positions

STACY'S RESTAURANT
2 x 2"
Black Only
2d2.stacy's.10/18.6612.1k

KEY OFFICE EQUIPMENT
2 x 2"
Black Only
2d2.signs.10/29.2082.1k

KARSH + HAGAN
6 x 9"
Black Only
6d5.firstnationalbank.11/3.1k





U.S. Military Transition Teams see

Camp Taji teams play key role in leadership transfer

By Sgt. Shannon Crane
129th MPAD

CAMP TAJI, Iraq – Rome wasn't built in a day, and neither was its army.

Constructing, supplying and properly training a country's fighting force is hardly an expeditious task. It is a process, and the process is more like a marathon than a sprint.

The same can be said for the Iraqi army. For the past three years, it has been rebuilt from the ground up as a modern, effective, fighting force consisting of 10 divisions with about 131,000 soldiers.

Today, about 89 Iraqi army combat battalions, 30 brigade headquarters and six division headquarters control their own battle space.

Members of the Military Transition Teams at Camp Taji play a key role in this process, as they slowly, but surely, train the Iraqi army to ultimately assume independence.

The purpose of the MiTTs is to advise, coach, teach and mentor Iraqi soldiers, to provide the necessary training and guidance to bring their army to a level where it can work independently.

"First of all, we advise. So our



A MiTT leader and his interpreter discuss an ongoing operation with one of the senior Iraqi army officers on a cordon and search mission in Kirkuk. See story on page 10

job is to help the Iraqis plan and execute combat operations – those units that are already working in combat operations," said Maj. Steven Carroll, a transition team chief from Fort Sill, Okla.

"We're primary trainers, or train-the-trainers (trainers), for

Iraqi units that have just started. So teacher/adviser is the primary role for the team," he added.

Each 11- to 15-man team brings a mix of combat and support specialties, including operations, intelligence, logistics, communications, engineering and security. Team members work one-on-one with their Iraqi counterparts, showing them the ropes of each specialty and offering advice on streamlining operations.

"Second, we bring the effects – Coalition effects – to the Iraqi army that they don't have for themselves," Carroll said.

"Indirect fires, fixed air and helicopter attack aviation support, MEDEVAC helicopters and other non-lethal effects, like information operations assets, for example, that the Iraqi army uses during their combat operations, but can't provide for themselves. We provide that," he said.

In addition to training and

advising, the teams often run patrols outside of the compound with Iraqi Soldiers to show presence, facilitate effects and to help the Soldiers gain confidence in running operations.

"We go to checkpoints and provide U.S. presence, because without it, they can't get attack aviation, or air MEDEVAC, or any of the things that we take for granted in our Army," said Capt. John Govan, a logistics adviser from Mobile, Ala.

"Those have to be called in by the United States, so we'll go out with them sometimes as presence patrols, what we call battlefield circulation, where we move around and check on different checkpoints inside our Iraqi brigade," he added.

The Iraqi commander of the 3rd Battalion, 2nd Brigade, 9th Iraqi Army Division, who asked not to use his name for reasons of force protection, commented on

Continued on page 9

DAILY UNION
6 x 15.5"
Black Only
Service directory Nov post/di/



progress by Iraqi security forces

Continued from page 8

the importance of the American transition teams running patrols with his Soldiers and what they ultimately learn from the experience.

"They train us how to deal with the insurgents," he said. "They also train us how to deal with the civilians and the checkpoints, and they show us how to surround the areas if we suspect that we have improvised explosive devices or insurgents."

For the transition teams to work effectively, they must establish solid relationships with Iraqi soldiers. They do this by embedding with the soldiers — living and working in the same areas on a daily basis.

This is not as easy as it sounds, as many of the obstacles faced by the teams lay in the strong cultural differences between the American advisers and Iraqi Soldiers.

"One of the biggest challenges, of course, is the language barrier," said Maj. Marc Walker, a transition team chief from Fort Leavenworth, Kan.

Walker then described the differences in work schedules between the Iraqis and Americans.

"The Iraqi soldiers' normal day starts at seven and goes until noon," he said. "Then they have an afternoon break, and then they start back up again right after dinner time, about six o'clock ... then work until midnight. So we've had to adjust our schedules around theirs. We've had to adjust to their prayer times and all their religious rituals that they do, as well."

Cultural awareness is a theme that resonates within all aspects of the transition teams' work. The team members are in agreement as to the importance of being able to appreciate and respect the Iraqi culture.

"As far as the cultural significance, or the ability to relate to the Iraqis culturally, I think it's very important," said Capt. Eric James, an operations adviser from El Paso, Texas.

"I think if you're culturally insensitive to them, then one, they're not going to respect you. And then, in turn, you're not going to build that strong relationship that you need, personally, to be able to conduct professional business."

"I think you can sum it up with you rarely get a second chance to make a good first impression," Carroll said. "And first impressions are important, in this case. Building a good working relation-

A MiTT leader observes the coordination and communication of the Iraqi army and police leaders on the mission.

See story about Kirkuk MiTT on page 10

*MNSTC-I
Photo courtesy of The Advisor*



ship — a good rapport — with your counterpart is everything.

"So, if you are culturally unaware and accidentally insensitive, you may have ruined that chance to make a good first impression," he said.

Still, other challenges are around every corner, and the teams work to fix this.

"It's my job to empower them," James said. "If I accomplish my job, when I leave here, they'll be able to conduct internal operations in their own battle space without having brigade to tell them to do their own operations."

Though it seems difficult, at times, to see the proverbial light at the end of the tunnel, members of the MiTTs are definitely seeing a progression toward independence in their Iraqi counterparts.

"Most of us, this is our second year over here, and ... what we have seen are huge steps since 2003 in the reforming of an Iraqi army and a basic Iraqi security force," Govan said.

"But the daily, mundane things that we do, it's tough to see unless you step back and look at where they started from," he said. "We believe that they have grown."

"Our unit, as a logistics battalion, is the equivalent of a forward support battalion inside of a brigade combat team. They don't do a great job with logistics, simply because so much of logistics is farmed out to contract food,

water, and maintenance.

"But what we have seen them do is grow as a maneuverable force. They're responsible for their own force protection and their own resupply, and we have really nothing to do with that except for overseeing it."

"So in the beginning, we helped create it, and now, keeping true to the MiTT model, we've worked ourselves basically out of a job," he said.

An Iraqi civilian interpreter who works with 3rd Bn., 2nd Bde., 9th Iraqi Army Div., who also asked his name not be used, said he has seen a positive difference in his country's army in the short time he's worked with the transition teams and made comparisons to how the Iraqi army

used to be.

"I don't think we had an army," he said, "because you see, everyone wanted to make something for himself. Some money or some respect. Everyone made something for himself. That's why I don't care about the army before 2003."

"After 2003, I feel that we got a new army. I feel that the Iraqi army is a great army that I've never seen before. But at the same time, I see the Iraqi officers and the soldiers don't have the experience. They don't know what the other armies in the world are doing, how they fight or how they work."

He added that as a result of the guidance the Iraqi soldiers have

received from the transition teams, the Iraqi army is changing for the better.

"Actually, I'm honest ... I see progress," he said. "I see progress."

"Despite the differences that the Iraqi army has to the way we're doing business, they're actually accomplishing the mission," Carroll said, "at least our unit in their sector, to a standard. It's rarely the American Army's standard, but they're accomplishing the mission."

In spite of the various obstacles and seemingly slow progress involved with building and training a military force, the members of the transition teams see the relevance of the mission and contin-

ue to stay the course.

"We're told that the MiTTs are basically the exit strategy from this theater and we all want the same thing, and that's to go home," Govan said. "But I think it's, overall, a good thing. I've seen that they do grow."

Some team members find job satisfaction in seeing how far the Iraqis have come in their training.

"This assignment is very rewarding, and it is very frustrating at the same time," Walker said, "but I believe the rewards outweigh the frustrations that you will have over here."

"And when you look back over the course of the year, you'll look at where they started and where you've ended up, and I'm very pleased with where we're at right now."

Others find fulfillment in the experiences they've gained.

This is a great opportunity to get out and to get in the fight ... and see a different part of the Army, to really grow and experience new things, to learn a lot about how to conduct yourself and run operations in a volatile environment," James said.

"You can do nothing but grow professionally and personally. I think, by joining a MiTT and getting out here and living with the Iraqis," he said.

Others find success in the day-to-day gains, making headway in the marathon of military transition.

"There are days, or late nights, when I walk back from the battalion commander's office, where I think we'll never get through to them," Carroll said.

But the very next day, a triumph," he said, "and we've broken through and things have gotten better overnight."

Balth
3 x 12"
Black Only

FIRST PRESBYTERIAN
CHURCH
1 x 2.5"
Black Only
1x2.5 1st Pres Nov TF

Frankfort news
1 x 6"
Black Only

PRAIRIE HAWK CYCLE &
LEATHER,
1 x 1.5"
Black Only
1x1.5 Prairie Hawk Nov TF

MEMORIAL HOSPITAL ABILENE
1 x 4"
Black Only
1x4.CR.11/1.7122.Ik

TYME OUT
1 x 2"
Black Only
1x2.Lundhspecial.9/15.4772.Ik

LIGHTHOUSE CHRISTIAN FELLOWSHIP
1 x 3"
Black Only
1x3LHaeFellowship11/03 tf

COTTONWOOD THEATERS
1 x 3"
Black Only
1x3.NOVTFF.1949.Ik

2 x 3"
Black Only
2x3.wearsforyou.10/27.1834.Ik



Local forces control Kirkuk

Military Transition Team helps, but doesn't run operations

By Master Sgt. Rick Brown
Editor, The Advisor

KIRKUK, Iraq (Multi-National Security Transition Command — Iraq) — Members of the 2nd Battalion, 2nd Brigade, 4th Iraqi Army Division, and policemen from the Kirkuk Emergency Services Unit teamed up for a pre-dawn cordon and search mission in the Kirkuk neighborhood of Adnasa Aug. 3.

It was the fifth such mission in Kirkuk in the past two months with Iraqi soldiers and police leading the mission and Coalition troops in support.

The mission objective revolved around a list of known insurgents in the area wanted for kidnapping and murder. A secondary objective was the confiscation of any weapons being kept by residents in the neighborhood.

While ESU personnel searched each house in the area, the Iraqi soldiers provided the outer cordon for the mission, a sign that the security forces are striving for more combined missions in the protection of Iraqi citizens, according to Coalition leaders involved in the operation.

"This is a show of force," said U.S. Army Capt. Chris Walsh, team leader for the 101st Airborne Division's Military Transition Team working with the Iraqi 2nd Bn. soldiers. "The fact that we have the Iraqi Army and the Emergency Services Unit working together on a mission is a significant point. The Iraqi people need to know their forces are working together," he said.

Iraqi Army Maj. Mohammed, a unit commander with the 2nd Bn. and the senior Iraqi Army commander on the mission, is eager to work with the police in any capacity he can. Walsh said such desire can often be the key to overcoming obstacles that prevent unity between the army and police. He said Mohammed "gets it" and is not concerned about having to place his soldiers in the lead on every single mission.

"One of the most important subjects we train on is outside cordon," Mohammed said through an interpreter, referring to his unit's role on this mission.

"After the liberation of Iraq, there are bad guys and terrorists fighting inside the city. Because they are not a regular enemy," he said, "they have their own behaviors and their own ways to reach their goals." Because of this, he said different teams must play different roles in order to defeat the insurgents.

While walking the cordon in Adnasa, Mohammed said he's learned much of what he knows about tactics and procedures from the Coalition training teams. His team has trained with them from



MNSTC-I Photo courtesy The Advisor
A MiTT leader observes two Iraqi Special Forces soldiers check the ID of an Iraqi villager during a sweep of a rural neighborhood.

the onset.

The biggest difference now, Mohammed said, is that the Coalition has taken a step back in planning and conducting operations.

"Before the transfer of authority from Coalition to Iraqis, the Coalition forces did the missions and the Iraqi Army just helped them," Mohammed said. "But during that time, they trained us until we could handle the battle space. After the transfer of battle space, the Iraqi army and police are doing the missions and the Coalition is now supporting us," he said.

See more photos and related story on pages 8 and 9

Walsh said his MiTT team from the 2nd Battalion, 327th Infantry Regiment, 1st Brigade Combat Team is not there to tell the Iraqi soldiers what to do. He said the Iraqis have been trained and the role for the "Bastogne" Soldiers now is to mentor their counterparts and to help them see things they may not otherwise see.

"We'll ask them questions about how they're going to handle a particular situation," Walsh said. "This gives them the opportunity to think it through and offer a solution. If it needs a different avenue of thought, we'll lead them in that direction."

Even during downtime after the mission, the MiTT team,

small-arms weapons.

Walsh and Mohammed talked about the strong points of the cordon portion of the mission and where there could be some improvement.

"Overall, they did a pretty good job on this mission. They captured some known insurgents," Walsh said. "Sometimes it's not always perfect out here, but it's not always perfect for us, (the Coalition) either."

Mohammed said he learned some valuable lessons on this mission, thanks in no small part to the Coalition troops who trained him and his soldiers to get to this point. "I believe the Coalition forces are trying their best to establish a very good Iraqi Army so we can handle

the battle space," he said.

"Everybody knows that the American Army is the best army in the world. All armies in all the world hope to have just one day or just one month with the American Army to do demonstrations and training," he continued, "and we get to do real battle with them for the past three years. We are lucky."

dubbed "No Slack" along with the rest of their battalion, could be seen mentoring their Iraqi equivalents up and down the hallways and in the offices of the Iraqi battalion headquarters at K1 Iraqi Army Base on the outskirts of Kirkuk.

Their relationships are so tight, in fact, that the Iraqi 2nd Bn. has adopted the "No Slack" moniker as their own.

Mohammed said that for each section in his battalion, the MiTT team has a person who has experience in what that section does — operations, logistics, intelligence — and they're able to help the Iraqi officers to run those sections, to feed them with the information and guidance needed.

Mohammed admits that although his troops have conducted a lot of successful missions, they and other security forces still require support from the Coalition, primarily air and medical support.

"Some of the (soldier's) injuries cannot be treated at our civilian hospitals," Mohammed explained, "so the Coalition will take them to the base to be treated, and they treat them very good."

Back at the mission headquarters in the Adnasa neighborhood, the cordon and search that had begun at 3 a.m. wrapped up about 8 a.m. When all was said and done, the combined team took eight suspected insurgents into custody with a large cache of

'Big Red One's' 2nd Bde. in Iraq

Sgt. Lance Wail
2nd BCT

CAMP LIBERTY, Iraq — A "Big Red One" brigade combat team began its deployment in Iraq the middle of October.

The Schweinfurt, Germany-based 2nd Brigade Combat Team moved into the Multi-National Division—Baghdad area of operation after several months of rigorous training and preparations for this deployment.

"The 'Dagger Brigade' is the finest trained organization I have ever been a part of. We are represented by well-trained warriors and leaders," said Col. J. B. Burton, 2nd BCT commander. "We are well-equipped and competent to complete the mission."

Another "Dagger Brigade," the 2nd Brigade, 91st Division (Training Support) just completed its Military Transition Team training set-up mission at Fort Riley, turning over its responsibilities for training the small advisory teams headed for Iraq and Afghanistan to the

1st Infantry Division Oct. 24.

The "Big Red One's" "Dagger Brigade" replaces the 2nd Brigade Combat Team of the 1st Armored Division and will continue to work with the Iraqi army and Iraqi police to remove any threats from insurgents in their area of operation.

Maintaining the relationship their predecessors established with national security forces will be important, Burton said. The "Dagger Brigade" must "continue to show pride, discipline and dignity that we display in everything we do as a brigade combat team."

The movement from its old temporary base in Kuwait to Iraq was simply the next step in a mission the brigade had been preparing for.

"I am looking forward to coming out here and getting the experience," said Spc. Brian Hudock of Headquarters and Headquarters Battery, 1st Battalion, 7th Field Artillery Regiment.

The brigade combat team spent about five weeks training in Kuwait before the move to Baghdad.

AUDIO JUNCTION

3 x 7"
Black Only
3x7 Audio Jct. HDTV's

SCREEN MACHINE

2 x 2"
Black Only
2x2ScreenMac11/03 ttf

COUNTRY HILLS ENERGY

2 x 2"
Black Only
2x2_countryhills.11/1.2067.lk

COLLEGE HEIGHTS BAPTIST

2 x 2"
Black Only
2x2CollegeBaptist.11/03 ttf

MILITARY MEDIA

3 x 7"
Black Only
Chart in Mr

Denettes ad
1 x 4"
Black Only

LIVING WORD CHURCH - MANHATTAN
3 x 2"
Black Only
3x2LivingWordch11/03 ttf





fe1d8comp
6 x 21.25"
Black Only
OneColor6x21.5fe1d8comp11/1





Injured Soldiers offer ideas to help Wounded Warrior Symposium gathers material to improve services

By Matt McFarland
Pentagram

WASHINGTON (Army News Service) — Some wounds are still healing. Some losses, like limbs, will never be replaced. At the Army's Wounded Warrior Symposium in Arlington the end of October, 55 severely injured Soldiers and their families opened up about the most painful, trying events of their lives.

They can empathize with the Soldiers who may find themselves on a gurney with a bloody stump or wake up in a hospital bed with a breathing tube shoved down their throat. They showed no bitterness or anger, just offered ideas on how a difficult road could be made a little smoother.

The AW2 Program helps severely wounded Soldiers and their families resolve problems and overcome obstacles they may encounter.

Symposium seeks issue understanding

The intent of this symposium — the second one in the past six months — is to understand and prioritize these issues as families navigate the maze of benefits throughout hospitalization, recovery, rehabilitation and transition back into the Army or their civilian community.

The two-year-old program started with five employees and has grown to more than 60, with Soldier family management specialists at major military installations, military treatment facilities and Veterans Administration medical centers. More than 1,400 wounded warriors and their families are served.

Staff Sgt. Johnathan Holsey, who lost part of a leg in Iraq, criticized the program for not being proactive about alerting Soldiers of services.

"You've got younger Soldiers who don't really know about much, and they don't really care because they just want to get out," Holsey said.

AW2 Program Director Col. Mary Carstensen acknowledged the young program is transitioning from a reactive to a proactive unit. Families are now assigned Soldier family management specialists, essentially personal assistants who help manage the many services government agencies offer.

Holsey spoke warmly of his time at Walter Reed Army Medical Center. "Everything you could have ever needed, they made sure it was there for you."

Prosthetics create Soldier concerns

Like many Soldiers with new prosthetics, he wondered how active and athletic he could be with his left leg amputated below the knee.

Before the injury, Holsey could run two miles in 13 minutes. At Walter Reed, he decided he would run two miles in 14 minutes. Three days a week at the hospital's track, a therapist would run behind him, shouting suggestions on how Holsey could sharpen his new stride.

For motivation, Holsey, 32, set his sights on a 23-year-old who was running within four months of his own injury. Holsey still keeps in touch with the younger Soldier who now serves at Fort Stewart, Ga.

Holsey isn't looking to leave the Army. In fact, a second tour in Iraq wouldn't bother him.

He recently reported to the basic noncommissioned officer course. At weigh-in, Holsey noticed his peers eyeing his leg. The stares didn't bother him. "I made people comfortable, I would say stuff like, 'I'm gonna put my other leg on later,'" Holsey said.

He has four legs, each with a specialty: swimming, running, walking or high-impact. The high-impact leg is his favorite. "You walk on it, play ball on it, tennis, it's an everyday leg," Holsey said. He said he's as active now as before the injury.

Lieutenant talks about journey back

Dressed in a suit and tie, 1st Lt. David Folkerts talked openly about his journey back from the improvised explosive device that blew him 20 feet into the air and then left him in a pool of his own blood. "I was squirting out like a sprinkler," Folkerts said.

Surgeons implanted a vein from his leg to save his left arm, but nerve damage to his left hand remained.

"I'm used to being the athlete. I'm used to doing the harder stuff in the Army," said the Ranger School graduate. "I want to be

that leader who leads from the front," Folkerts said.

He was told he might never have use of his hand again. "I told them, 'No, no I'm gonna keep fighting,'" Folkerts said. The lieutenant painfully sat in Walter Reed, hearing updates from his buddies still in Iraq. He felt guilty for not being there. Slowly, he regained some feeling in his hand.

For a time, he dodged the situation. "I kind of refused and almost denied that I had problems last year because I didn't want to talk to anybody about it," said Folkerts, who moved into an apartment on Fort Riley after leaving Walter Reed.

But he grew tired of feeling down about himself. So he visited family on weekends. Slowly, he began to accept and be comfortable with his disabled left arm.

"Just to be back in my unit and back in uniform and actually contributing really helped me out because I felt like I was part of the team again," Folkerts said. Also helpful was sharing an apartment with two officers who returned from Iraq.

His on-going journey brought him to the symposium to raise issues affecting injured Soldiers.

He's heard from Soldiers with internal injuries that aren't covered through Traumatic Service Group Life Insurance.

He also mentioned that injured Soldiers are awarded \$25,000 every 30 days that they fail to perform daily living activities. They can receive up to \$100,000. While the program has value, this quirk in the system can lead to abuse, he said.

Some milk the system and keep waiting and waiting, Folkerts said.

Specialist joined to learn technology

Nearby, Spc. Venasio Sele walked through the symposium, curious of the services available to him.

It's the latest Army program to catch his eye. Sele joined the Army to learn technologies he didn't know as a trade school instructor. Sometimes he would get calls from an old friend at work, asking about a new technology. "We've already tested it," a proud Sele would say.

In Iraq, his engineering unit patched damaged roads and chauffeured convoys from Mosul.

The convoys included two fuel tankers needed to refuel the vehicles during the nine-hour missions. He rode as the gunner on the last "Humvee."

An hour into the trip, Sele heard an IED detonate under the fuel tankers. The commander ordered him to guard the tankers as engineers determined whether the tankers could still be driven.

Then, from his perch atop the "Humvee," Sele spotted a small vehicle approaching. "Hey, I got a suicide bomber coming in," Sele shouted.

He was ordered to shoot.

Sele's fire killed the driver, flattened the tires and silenced the engine. But the momentum of the vehicle continued towards the fuel tankers.

As Sele fought to get out of his harness, he heard the beeping sound of a detonator.

The explosion of both fuel tankers launched him a half mile.

"I'll now I still hear that beeping sound," Sele said.

The "Humvee's" spare tire shielded him, saving his life; and he was lucky to land on the forgiving sand. But flames from the burning rubber licked the left side of his unconscious body.

Noel's 'ant-eater' mission deadly

At the symposium, Sele sat with Staff Sgt. John Noel. Both were visiting from the Brooke Army Medical Center at Fort Sam Houston, Texas.

Each Soldier at the convention had a story, perhaps none more difficult than Noel's. Although in some ways, Noel was very lucky.

Four days after the 4th of July, he rode with another unit on an "ant-eater" mission, essentially identifying IEDs in a vehicle with a V-shaped hull designed to deflect anti-tank charges.

It was near midnight, and the four-man team peered outside the vehicle, looking for suspicious packages with wires attached.

Then a 250-pound IED went off.

"Two hundred fifty pounds of

explosives isn't going to be deflected," Noel said.

He remembers waking up in a fog and hearing people scream, "Get him out! Get him out!" He tried to move his arms and legs but couldn't. Then he blacked out.

His next memory was rolling out on a gurney from a tent hospital. The IED had broken two of his ribs, one femur, both ankles and his scapula. It had cut his spleen and collapsed a lung. Everyone else died.

Surgery offers hope for future

After surgery to install a titanium support in his backbone, Noel should be able to leave the wheelchair behind. He hopes to return to Texas with his son, who is living with his grandmother in Washington state.

He's gained an appreciation for those who will never walk again. "Even going to a restroom in some places can be difficult in a wheelchair," Noel said. He's encouraged parents to make their home more handicapped accessible so it will be livable for a greater part of the population.

Noel reported no problems with the Army's services for injured Soldiers but has heard stories of guys who have. "I hope to come away from this with enough knowledge to help somebody else out," Noel said.

Symposium success depends on agencies

Later this year, the Army will release the ideas developed from the symposium to help treat future wounded warriors.

The success of the symposium depends on the Army's ability to listen to and make changes based upon Soldiers' input. That will require the active participation of many organizations and agencies, including the Army's Human Resources Command, the G1, Office of the Surgeon General, U.S. Army Medical Command and the Veteran's Administration.

Post set to sign buffer accord

Fort Riley PAO

Fort Riley will host the Army Compatible Use Buffer Signing Ceremony at the Laman property 6 miles northeast of Fort Riley at 9 a.m. Nov. 8. This event celebrates the first buffer easement acquired for the Fort Riley ACUB program.

Fort Riley's ACUB partner, the Kansas Land Trust, negotiated the easement and will be responsible for ensuring that the land is preserved in perpetuity.

At the ceremony, a national partnership agreement between the U.S. Department of Defense and the Natural Resources Conservation Service, U.S. Department of Agriculture will be signed. The Laman easement will mark the first time that Army funds and those of the NRCS have been combined to create a conservation easement.

This particular easement will protect 269 acres of scenic prairie grasslands in an ACUB priority area overlooking Tuttle Creek Lake.

ACUB is a tool for easing development pressure around Fort Riley. The program establishes a buffer area to protect the current installation for training and ensures long-term sustainability of Fort Riley's mission. It is not a program to purchase additional land for Army training purposes.

The public is invited to the ceremony, which will be held at the prairie being preserved. Persons wanting to attend the ceremony should meet at CiCo Park in Manhattan by 8:30 a.m. to catch shuttles to the site.

PR124, INC.
3 x 3.5"
Black Only
3x3.5 Prim Inr Red Sale

MWR
3 x 5"
Black Only
3x5MWR10/25somegtcoofar





Fort Riley Community Life

Friday, November 3, 2006

America's Warfighting Center

Page 13

Community news briefly

Youth classes scheduled

Nov. 10 – 9 a.m. to 3 p.m., Red Cross Babysitting Class; 3:30 to 5:30 p.m., Home Alone Training
For more information, call CYS at 239-9173.

Commissary plans sale

The Fort Riley Commissary plans to salute veterans with a special appreciation after hours sale from 9 p.m. to midnight Nov. 11.

Select items will be available for shoppers' convenience.
For more information, call 239-2921.

Vet services sets dog wash

Fort Riley Veterinary Services will host its annual dog wash from 9 a.m. to 2 p.m. Nov. 4.

Donations will be accepted. Proceeds will go toward the Irwin Army Community Hospital Holiday Ball.

For more information, call Sgt. 1st Class Valerie Grice at 239-6081.

Commissary sets holiday hours

Veteran's Day, Nov. 11 – 9 a.m. to 8 p.m.
Pre-Thanksgiving, Nov. 20 – 9 a.m. to 8 p.m.
Thanksgiving, Nov. 23 – Closed
Nov. 24 – 9 a.m. to 8 p.m.
Pre-Christmas, Dec. 18 – 9 a.m. to 8 p.m.
Christmas Eve, Dec. 24 – 9 a.m. to 4 p.m.
Christmas Day – Closed
New Year's Eve, Dec. 31 – 9 a.m. to 6 p.m.
New Year's Day – Closed

Spouses' club plans luncheon

The Fort Riley Officers' and Civilians' Spouses' Club will meet for its November luncheon at 11:30 a.m. Nov. 16 at the Junction City Country Club.

The luncheon will feature a "decorating on a dime" program presented by three talented local military spouses who will create a holiday mantel/centerpiece on a very limited budget.

Lunch is a choice of French dip or fire-grilled chicken sandwich with cottage fries and house salad. Dessert, tea and coffee are included.
Cost is \$15.50.

Members should RSVP to Kerrie Arcand at 784-2817 by Nov. 8.

OCSC will be collecting items for Red Cross baby layettes at the November luncheon. Anyone wishing to make a donation should bring "onesies," receiving blankets, diapers, pacifiers or booties to the luncheon.

The items donated are made into baby layettes that are given to new babies born at Irwin Army Community Hospital.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Vet cemetery one step closer to reality

By Alison Kohler
Assist. Com. Rel. Officer

A state veteran's cemetery is another step closer to becoming a reality. The Manhattan Urban Area Planning Board voted unanimously Oct. 16 to recommend approval on three items for a veterans' cemetery, which is planned northwest of the Manhattan Regional Airport. The items will

go to the city commission Nov. 7. The first item was an island annexation for the 90 acres of land where the cemetery is planned. The second item was a public hearing for a state or municipally owned and operated public utility or public facility; and the third was a public hearing to consider rezoning the area to C-1 Restricted Business District with Airport Overlay District.

"We're plugging along, just

trying to get through the wickets," said George Webb, executive director of the Kansas Commission on Veteran's Affairs.

The meeting offered the public an opportunity to voice concerns about the impact the cemetery could have on the residents in the area. The three primary concerns are traffic, drainage and groundwater, said Steve Zilkie, American Institute of Certified Planners senior planner, who works for the

city of Manhattan.

"We anticipate minimal impact," Zilkie said. The traffic is expected to increase, but it should be limited, Zilkie said. He said the drainage will be to the southwest or southeast, and the majority will not be to the east where the residents are. Zilkie also said there would be no transfer of nitrates to groundwater.

Zora McWhorter, a resident

who lives across the street from the proposed cemetery entrance, stepped forward when the committee opened the floor for public comments.

"I have absolutely no problem with it (the proposed cemetery). We're on well water. I want to make really sure this will not affect our good water supply," McWhorter said.

See Cemetery, Page 14

Drug free



Post/Morelock

McGruff the Crime Dog dances the cha-cha with students at Ware Elementary School. McGruff was on hand with D.A.R.E. Officer Spec. Noel Gerig to talk to the kids about not doing drugs for their Red Ribbon Week assembly Oct. 27.

Red Ribbon Week teaches students to say 'no'

By Anna Morelock
Staff writer

Honesty, flexibility and integrity were just a few of the words written on banners hanging in the Ware Elementary School gymnasium Oct. 27 for the final Red Ribbon Week assembly.

"Do you think that drugs have anything to do with any of these words?" gym teacher Mark Ellner asked the gathered

students as he motioned to the banners behind him. A chorus of resounding "no's" shouted back at him from the students sitting on the gymnasium floor.

D.A.R.E. Officer Spec. Noel Gerig was on hand at the assembly with his sidekick McGruff, the Crime Dog, to talk more to the students about the dangers of using drugs.

The assembly was the wrap-up event for a week's worth of drug prevention activi-

ties. Throughout the week, the students celebrated "Don't let drugs ruin your dreams" day by wearing their pajamas to school. For "Too cool to use drugs" day, the students wore sunglasses; and, for "Run your own life" day, students wore jogging suits and running shoes.

Ware Family Support Coordinator Pat Olmstead said she thought the week's

See Red Ribbon Week, Page 15

No-shows cost IACH more than time

Reminder system to help curb missed appointments

By Jan Clark
IACH PAO

The no-show rate at Irwin Army Community Hospital averages 62 appointments per day, costing the hospital about \$3 million per year, hospital officials report.

These no-shows block appointments for other Soldiers and their family members who need access to care, they said. When a patient fails to keep an appointment, the provider experiences lost time – time he or she could be providing patient care.

Appointments can be cancelled by calling IACH's 24-hour cancellation line at 239-8428, or calling 239-DOCSC (3627).

Patients also may cancel using the Patient Appointment Reminder System. The system calls patients two days before the appointment. At that time, the patient has the option of confirming or cancelling an appointment. In the past, calls from PARS showed up as "unknown" on telephone caller IDs. Effective Oct. 30, "IACH Patient Reminder" will be displayed on the telephone caller ID when PARS calls the patient to remind them of an upcoming appointment.

The biggest concern facing IACH patients remains access to care, or the inability to make an appointment, hospital officials believe. If those patients who are unable to keep scheduled appointments cancel rather than fail to show up, access will improve, they added.

4th IBCT lends helping hand

Soldiers work on JC house

By Pfc. Nathaniel Smith
4th IBCT

The American Soldier is trained to answer the call of duty under any condition. Fort Riley Soldiers went beyond that call the middle of October to assist an organization that builds homes for people who would not otherwise be able to afford them.

Soldiers from the 1st Infantry Division's 4th Infantry Brigade Combat Team volunteered their time and house-building skills in cold, wet conditions Oct. 21 to

help Habitat for Humanity build a house in Junction City, Kan.

Second Lt. Matthew Mattison, the project officer from Company D, 610th Brigade Support Battalion, said with just two days notice more than 40 Soldiers volunteered despite preparing to ship to the National Training Center at Fort Irwin, Calif., for a 30-day brigade-level training exercise.

"Some of them are leaving tomorrow (Oct. 22) and they still volunteered to come out today," Mattison said.

See 4th IBCT, Page 14

Faith groups help families of deployed Soldiers cope

By Ryan D. Wilson
The Daily Union

The last thing deployed Soldiers should be worrying about are their loved ones left behind. Everything from Bible studies to activities, support groups and retreats help families get through deployments.

Fort Riley has 26 home Bible study groups and has established "more relaxed" coffee house ministries and retreats for Soldiers and their families before deployment.

Activities such as the "Friendship with God" class has helped spouses of deployed Soldiers cope through faith and by "supporting one another," said Leslie

Wilson, Family Readiness Group leader of Company A, 1st Battalion, 16th Infantry, a unit deployed to the Horn of Africa.

"It's nice to be able to pull from the Bible and see how God is ... helping us through the deployment," O'Wilson said.

During the worship services, chaplains say a prayer for deployed Soldiers, which is very comforting, Wilson said.

"It gives you a special peace of mind," she said, "just knowing you're praying for loved ones overseas, praying they'll stay safe and healthy ... and not only for our husbands, but every husband that's been deployed."

Faith also helps loved ones with the deployment in unexpected ways, such as "Scriptures of

protection," where psalms, readings and verses taken from the Bible were passed out to deployed Soldiers and their families.

"They're two pages of it and they're all important," Wilson said. "There are a lot of scriptures of protection throughout the Bible."

Chaplains said that through faith, Soldiers and families prepare for the inevitability that some of them may not come back from a deployment or may come back injured.

"It is faith specific," said Chap. (Maj.) David Shurtliff. As a chaplain, he's had to provide support for many different faiths.

See Faith, Page 16





Soldiers from D Company, 610th BSB hammer nails into the frame of a house being built as part of a Habitat for Humanity project in Junction City.

4th IBCT

continued from page 13

Mattison, who acted as the liaison between the Habitat for Humanity committee and the battalion, said he had concerns about the weather keeping people from turning out, but all the volunteers showed up ready to work.

"I'm really proud of the Soldiers," he said.

Mattison, who worked with Habitat for Humanity while he was a sergeant at Fort Sill, Okla., understands the importance of troops making a positive contribution to the community.

"People see the Soldiers other than what they see on the news," Mattison explained. "They realize we're part of the community and we're invested."

Gery Schoenrock, the project coordinator who was working on his fourth Junction City house in the past two years, shared Mattison's sentiments.

"This is a great opportunity for Fort Riley to be involved in the local Habitat for Humanity project," he said. "You can see by the turnout today, it's a great project."

With the Soldier involvement, Schoenrock expected the house to have all four walls up and a roof on them by Sunday (Oct. 22) evening.

"I'm just glad to see all of Fort Riley out here today in this miserable weather," Schoenrock said. "We appreciate all the help."

The idea for the 610th BSB's

involvement was set in motion through the mutual involvement of Lt. Col. Robert Weaver, 610th BSB commander, and at the Episcopal Church in Junction City.

The first sergeants' committee was instrumental in raising the support necessary to get Soldiers to turn out, Mattison said.

"I just volunteered to come out and lend a helping hand," said Sgt. Andrew Davis, an electronic missile system repair specialist with Co. D. "Being out here to see the progress we're making and meet the family who'll live in the house, you can't beat that."

Cemetery

continued from page 13

Zilkie said it would have no effect.

The Kansas Commission on Veterans' Affairs, a state agency, applied for the annexation and rezoning in order to be served by public utilities, including sewer, water and streets.

The cemetery would have 55,000 burial spaces and serve a 75-mile radius with 33,500 veterans and their families, Zilkie said. The hours of operation would be 8 a.m. to 4:30 p.m., but the gates would remain open from dawn to dusk. Burials would generally be scheduled at 10 a.m., 11 a.m., 2 p.m. and 3 p.m.

"The applicants indicated they'll try to schedule burials not to coincide with shift changes at the Tec Park," Zilkie said.

Zilkie estimates the cemetery will have about 500 burials per year, averaging out to be fewer than two per day.

The proposed cemetery would be developed in phases to serve the region over the next 90 years. Construction is expected to begin in October 2007 and the cemetery is estimated to open for burials around October 2008.

In March, the federal government completed a transfer of Fort Riley land to the Kansas Commission on Veterans Affairs. Dick Jepsen, a veteran who has been working with several other veter-

ans on the project, said the feedback he received was that veterans wanted the cemetery to be on "what is Fort Riley."

"I think you have to be in the military to understand that," Jepsen said.

The cemetery will be named the State Veterans Cemetery at Fort Riley.

There is expected to be an extensive amount of landscaping, Zilkie said. Jepsen said it would be a beautiful site for the residents to see from across the road. "I don't look at it as a negative at all," he said.

"It's been an eight-year journey. We're going to be good neighbors. We're going to take care of the vets in this area. Some of them are hanging on by the fingernails for this project," Webb said.

Because the Fort Riley cemetery on Huebner Road is nearing capacity, the veterans cemetery would serve the northeastern

quadrant of the state. The State Veterans Cemetery at Fort Riley was supposed to be the first veterans cemetery in the state, but the land transfer delayed the project eight years. Veterans' cemeteries were constructed in Wakeney, Fort Dodge and Winfield in that time, so the State Veterans Cemetery at Fort Riley will be last in the state to be constructed.

HOUSE
FILL
AD

MILITARY OUTLET

2 x 3.5"
Black Only
2x3.541trout11/03 t.f

STATE FARM INSURANCE

1 x 6"
Black Only
1x6.NOVTF11/3.1944.lk

KPA

2 x 4"
Black Only
olathe faxd

FURNITURE WAREHOUSE

3 x 8"
Black Only
One Color3x8FURNWHSE11/02

DIRECT MORTGAGE
2 x 1.5"
Black Only
2x1.5 Direct Mortgage

FIRST SOUTHERN BAPTIST
2 x 2"
Black Only
2x21stSBaptist 11/1 t.f

4X4 LAND, INC.
3 x 2"
Black Only
3x2 4x4 Land Nov TF

ADVANCED DENTALARTS
3 x 5.5"
Black Only
3x5.5 AdvDent Nov TF

LAKESIDE MARINE
1 x 4"
Black Only
1x4 Lakeside Nov TF



Red Ribbon Week

continued from page 13

activities helped drive home the message for the kids.

"I think it makes them aware of the importance of staying drug free," Olmstead said. "And, I think by doing fun things along the week, it helps, especially elementary age (students), ... relate better than just someone up there talking about it."

Fifth-grader Kendrick Hairston said the reason the students celebrated Red Ribbon Week was because it taught them about drugs and not to do them.

"If you do do them, your health might get damaged in the process, and it's really bad. Drugs are really bad for you," Hairston said.

Kindergartner Kaditra Mabry said she learned why she shouldn't take drugs.

"We talked about how to be cool when you don't eat drugs," Mabry related, "because if you eat drugs, then you might get sick."

Second-grader Bonnie Smith agreed. "They're not good for you and you could get sick or die," she said.

The students each had their favorite day during the week. Hairston said pajama day was his favorite because he got to dress comfortably and was relaxed all day. Plus, he didn't get a lot of

homework that day, he added.

Smith's favorite day was crazy clothes day, she said. "I wore my shirt backwards and my mom made me not wear socks when I had my boots on. That felt weird."

More info

National Red Ribbon Week was started as a tribute to Drug Enforcement Administration Special Agent Enrique "Kiki" Camarena, who was kidnapped and brutally tortured and murdered by drug traffickers in Mexico. According to the DEA Web site, Red Ribbon Week, which is celebrated by an estimated 80 million Americans, is a time for gratitude for all the lives that remain drug free; a time to pledge to live a safe and drug-free life; and a time to remember those who have been lost in the fight against drugs.

For more information on Red Ribbon Week, visit <http://www.dea.gov/ongoing/redribbon06.html>.



Post/Morelock

Ware 'Bears' get mascot

During the Red Ribbon Week assembly Oct. 27, the Ware Elementary School students met the newest member of their school.

As gym teacher Mark Ellner began the introduction, a "crate" in the front of the gym began shaking. With a little help from Pat Olmstead, family support coordinator, the new Ware

"Bear" mascot burst out of the box and danced around the gym waving and giving high-fives to students along the way.

Starting the week of Oct. 30, students will be able to submit names for the new mascot. Name suggestions will be turned in Nov. 3 and the bear's new name will be announced the next week.

Ware Elementary School's new bear mascot dances around the gymnasium during the school's Red Ribbon Week Assembly Oct. 27. The bear, who is yet unnamed, was introduced to the students for the first time during the assembly. Starting the week of Oct. 30, the Ware students will have a chance to name their new mascot. Suggestions will be turned in at the end of the week and by Nov. 6, the fuzzy white bear should have a name.

HOUSE FILL AD

BODY FIRST
1 x 2"
Black Only
1X2 Body First Massage

FIRST UNITED METHODIST
CHURCH
1 x 2"
Black Only
1x31stthMetCh@Jan10/27 TP

FIRST BAPTIST CHURCH
1 x 3"
Black Only
1x3 1st Baptist Church

AIR O CLEAN
1 x 3"
Black Only
1X3 Air O Clean

ALLSTATE INSURANCE
1 x 1.5"
Black Only
1x1.5 Allstate 10/

HOMESTEAD AUTO
1 x 1.5"
Black Only
1x1.5 HomesteadAuto 10/15 t f

FT. RILEY EDUCATION SERVICES
3 x 10.5"
Black Only
3x10.5 FRIYED11/03

ARMED FORCES COMMUNICATIONS
3 x 10.5"
Black Only
721613 let your voice be heard



Community news briefly

Shoppes offers holiday gifts

The Fort Riley Shoppe in the U.S. Cavalry Museum is now open six days a week.

The Shoppe's hours are 10 a.m. to 2 p.m. Monday through Friday and 11 a.m. to 3 p.m. Saturday.

The Shoppe offers a selection of Fort Riley gifts, hard-to-find military gifts, historical items and hand-crafted items. The Shoppe adds new vendors monthly and receives new inventory weekly.

Dining halls set holiday meals

Fort Riley dining facilities will open for family dining on Thanksgiving Day.

The meal costs \$5.20 for family members of Soldiers in pay grades E-5 and up. The family member meal rate for Soldiers E-4 and below is \$4.30.

The Main Post Dining Facility will be open from 11 a.m. to 3 p.m. for the Thanksgiving meal.

The Division Support Command/1st Brigade Combat Team Dining Facility will be open from 11 a.m. to 2 p.m. for the Thanksgiving meal.

The Combat Aviation Brigade/3rd Brigade Combat Team Dining Facility will be open from 11 a.m. to 2 p.m. for the Thanksgiving meal.

The 4th Infantry Brigade Combat Team Dining Facility is closed until Nov. 27.

Dining Facility No. 1 at Camp Funston will be open from 11 a.m. to 3 p.m. for the Thanksgiving meal.

Dining Facility No. 2 at Camp Funston will be closed until Nov. 27.

Faith

continued from page 13

"My church, for example, addresses the issue of killing and maiming during war, and surviving war and how to stay strong in morality. ... Some are receptive to that, some may not be, but for those who focus on their faith, the scriptures became much more meaningful."

Fort Riley chaplains offer a range of programs to encourage communication between loved ones, support those left behind and to deal with the issues of deployment, and it isn't all faith-specific.

Communication is perhaps the most crucial part of coping with the deployment. A popular support service is the Yellow Ribbon Room, a room families have 24/7 access to that is filled with webcams and computers connected to deployed Soldiers.

"So they can actually see each other," said Chap. (Lt. Col.) Brent Causey, a 1st Infantry Division chaplain. "You name it, we have it for the families. We don't stop a program just because it doesn't



Daily Union/Wilson

Spouses of deployed Soldiers play the dice game Bunko. From left to right are Brandi Frey, Dawn La Bay, Kathy Hoback, and Sarah Johann. The group is organized by the Military Spouses of Deployed Soldiers program.

have a spiritual emphasis."

A couple of programs supported by the Chaplain's Office – Write Connection and Sesame

Street's Talk, Listen, Then Connect – address how to write home to loved ones when separated over long distances.

Save time, money with Tricare mail-order pharmacy

TRICARE

Instead of heading to the pharmacy every month to refill prescriptions, now might be a good time for beneficiaries to think about switching to the TRICARE Mail-Order Pharmacy. Getting medications through the mail is one of the easiest changes a person can make to save time and money every month.

"We think the mail order pharmacy is the best way to get medications that you'll be taking for a long time or the rest of your life," said Capt. Thomas J. McGinnis, U.S. Public Health Service, pharmaceutical operations directorate chief. "Getting them delivered to your home is convenient and cost-effective."

When a beneficiary chooses to

receive medications through the mail, he or she can save as much as 66 percent off what it costs to obtain prescriptions at a retail pharmacy.

If a person takes prescription medications regularly for conditions such as heart disease, high blood pressure or diabetes, and he or she wants to avoid the expense of continually filling and refilling them at a local pharmacy, the mail-order option is a good one. For every prescription fill at a retail pharmacy, a TRICARE beneficiary pays a \$3 co-payment for generic medications and \$9 for brand name medications every month.

If those same prescriptions are filled through the mail-order pharmacy, the co-payments remain the same but the beneficiary receives

a 90-day supply instead of a month's supply. A year's supply of a single generic medication costs \$12 through mail-order instead of \$36 at a retail pharmacy.

Before a new prescription is written, a beneficiary should tell the provider he or she wants to use TRICARE's mail-order service. Ask the provider to write two prescriptions: the first for a one-month supply to fill immediately at a local pharmacy, and the second – for a maximum 90-day supply – for submission to the mail-order pharmacy.

The first time a beneficiary uses the mail-order option, he or she must fill out the registration form available by phone or online and send it with the prescription to Express Scripts, Inc. With the

For example, Write Connection reminds parents that 4-year-olds "like being silly, are caught between the paradox of being too old to be a baby and not old enough to walk across the street by themselves ... and are talkers, so be prepared to listen." Because 4-year-olds aren't writing yet, parents should draw pictures when writing to them.

"They'll do the same, draw pictures, when they write back to (the parent)," Causey said.

Helping families communicate and prepare before the deployment is done through activities such as retreats and covenants between Soldiers and spouses.

Chaplain-sponsored support, such as child raising classes, child care, youth activities, stress management and financial planning are often requested by families with a Soldier deployed or by a family readiness group.

"We had one (family readiness group) request 'Growing Kids God's Way,' which surprised us because it wasn't really a reli-

gious group," Causey said.

Developing a children's group was another approach Causey said was successful at his last duty station and one he would like to see Fort Riley develop. This group met weekends using children's Bible curriculum, did arts and crafts and had adventure camps.

"This was for 10 and under. Both the junior high and high school had youth groups, but there was no children's group," he said. "It was almost like a vacation Bible school, only it was once a week."

Activities such as Friday Night Out, youth camps and expanding music and drama productions help youth, spouses and Soldiers in rear detachments stay active during deployments.

"Keeping busy by staying as involved and active in the community as possible and getting involved in the different organizations" helps coping with the separation, Wilson said.

prescription and registration, the beneficiary must include a \$3 co-payment for generic medications, a \$9 co-payment for brand-name medications or a \$22 co-payment for non-formulary medications for each prescription.

Send the registration form, prescription and payment to Express Scripts, Inc., P.O. Box 52150, Phoenix, AZ 85072-9954, or call (866) 363-8667 for more information.

BUDGET BLINDS OF MID-AMERICA

2 x 2"

Black Only

2x2.budgetblinds.10/6.1k

GEARY COMMUNITY HOSPITAL

2 x 6"

Black Only

2x6.gearyhosp.10/26.1871.1k

CINEMA 12/MANHATTAN, KS

2 x 5.5"

Black Only

2x5.5sethchild11/03.t.f





Fort Riley Sports & Recreation

Friday, November 3, 2006

America's Warfighting Center

Page 17

Sports news in brief

Tillar Classic set at K-State

Kansas State University lacrosse players will host the annual Tillar Classic Tournament Nov. 4. The first game begins at 11:15 a.m. at the Alumni Stadium in Manhattan. Six collegiate teams are scheduled to compete. The event is free and open to the public.

The tournament is played in honor of former 1st Lt. Donald Tillar, a Black Hawk pilot killed in action in 1991 during the Gulf War.

Tillar was stationed at Fort Riley and had played four years of lacrosse at the U.S. Military Academy at West Point. He was instrumental in developing K-State's lacrosse program and was the team's first coach.

Custer Hill Lanes to close

Because of the Veterans' Day holiday, Custer Hill Lanes will be closed Nov. 10.

The bowling center will open for league play and regular bowling at 5 p.m., but no family activities are planned. The bowling center also will be closed Nov. 13.

Basketball officials clinic set

A basketball officials clinic is scheduled at Long Fitness Center, Building 8069, Nov. 4 for anyone wanting to officiate basketball on Fort Riley this season. This clinic will be for any new officials as well as for seasoned veterans.

The clinic will run from 8 a.m. until about 2 p.m. The clinician will cover the 2006-2007 NCAA rules with officials mechanics and floor positioning. Participants should come prepared to actually do floor work with basketball teams scrimmaging. Prospective officials should dress accordingly with a whistle, sweats and sneakers.

For more information call Barry Sunstrom at 239-3945.

Field house activities listed

Nov. 3 - No fitness classes
Nov. 6 - 9 a.m., Spinning
Nov. 6 - 12:15 to 12:45 p.m., Target Tone
Nov. 6 - 6 p.m., Cardio Pump-Step Aerobics
Nov. 7 - noon, Hip Hop Aerobics
Nov. 7 - 6 p.m., Spinning
Nov. 8 - 9 a.m., Turbo Kick
Nov. 9 - 6:30 a.m., Spinning
Nov. 9 - 9 a.m., Spinning
Nov. 9 - noon, Hip Hop Aerobics
For more information, call 239-2813.

Pool classes, activities listed

Nov. 6 - 5:45-6:30 p.m., Abs/Buns & Thighs
Nov. 7 - 5-6 p.m., Water Aerobics
Nov. 8 - 5:45-6:30 p.m., Abs/Buns & Thighs
Nov. 9 - 5-6 p.m., Water Aerobics
For more information, call 239-4854.

NTC rotation puts early end to football

Staff report

The 4th Infantry Brigade Combat Team's deployment to the National Training Center has put an early end to flag football play in the Western and Eastern Leagues, leaving some games unplayed.

Rounding out play for the season in the Northern League, MEDDAC defeated HHC, 3rd BCT, 32-24 Oct. 18. The 24th Trans. Co. followed that game with a 7-0 win over the 977th MP

Co. On Oct. 19, MEDDAC defeated the 977th MPs 27-20 and HHC, 1st Inf. Div., defeated 24th Trans. Co. 22-6.

On Oct. 23, MEDDAC defeated 24th Trans. Co. 13-12 and HHC, 1st Inf. Div., defeated HHC, 3rd BCT, 30-13.

On Oct. 25, HHC, 3rd BCT, defeated 977th MPs 35-21. The game between HHC, 1st Inf. Div., and MEDDAC was cancelled because of bad weather.

On Oct. 30, HHC, 1st Inf. Div., defeated MEDDAC 30-14 in the

makeup game.

In Southern League action, HSC, 601st ASB, defeated 1st Bn., 360th Inf., 58-34, and Co. A, 601st ASB, defeated Co. B, 601st ASB, 45-24.

On Oct. 26, Co. A, 601st ASB, defeated 1st Bn., 360th Inf., 47-30 and HSC, 601st ASB, defeated Co. A, 101st FSB, 29-21.

On Oct. 30, Co. B, 101st FSB, defeated Co. B, 601st ASB, 14-13 and 1st Bn., 360th Inf., won by forfeit over Co. A, 101st FSB.

Southern League Standings

(as of Oct. 30)

Team	W	L
Co. A, 101st FSB	1	4
Co. B, 101st FSB	3	2
01	0	1
HSC, 601st ASB	4	0
Co. A, 601st ASB	3	1
Co. B, 601st ASB	2	4
1-360th Inf.	2	3

Northern League Standings

(as of Oct. 30)

Team	W	L
HHC, 1st Inf. Div.	4	0
977th MP Co.	0	4
MEDDAC	4	1
HHC, 3rd Bde.	1	3
24th Trans. Co.	2	2
172nd Chem. Co.	0	1

Charity run

Spouses run 26.2 miles in Marine marathon

Staff report

Fort Riley spouses Lisa Thomas and Stephanie Pappal tied on their running shoes with about 34,000 other runners Oct. 29 for the 31st Marine Corps Marathon in Washington, D.C.

Pappal and Thomas joined a military spouses' team after receiving an e-mail from a friend who used to live at Fort Riley. Pappal said she and Thomas had run before in the Prairie and Freedom Runs at Fort Riley and thought the 26.2-mile MCM would not only provide a way to reach a personal goal, but would also be a wonderful way to help military families and Soldiers.

The military spouse team ran for the Fisher House Foundation. Together, Pappal and Thomas raised more than \$1,000 for the charity, which provides housing for military members and their families while receiving medical care away from home.

Before heading to Washington, D.C., for the marathon, Pappal and Thomas trained individually at Fort Riley during the week. On Saturdays, the two women got together for a long run.

"It was an amazing experience," Pappal said. Not only was it great to have someone to train with, but to be able to run for a good cause was rewarding, she added.

At the marathon, Pappal said the many runners she saw that had been wounded in action, or those that were running for lost family members were an inspiration.

"It was just amazing," she said of the experience. Pappal finished the race in 5:48:09 and Thomas had a time of 4:55:18.



Fort Riley military spouses Stephanie Pappal and Lisa Thomas pose in front of the Marine Corps War Memorial before the Marine Corps Marathon Oct. 29 in Washington, D.C.

More information

To learn more about the Fisher House Foundation that Pappal and Thomas raised money for during the Marine Corps Marathon visit www.fisherhouse.org online.

On the Wildside: News About Nature

Deer run amok on, off post in fall

By Alan Hynek

Fish and Wildlife Biologist



Alan Hynek

Drivers beware! We are entering the most dangerous time of year for deer-vehicle accidents. The cost in property damage each year easily reaches in to the millions of dollars, with some accidents causing injury and occasionally death. The state of Kansas has maintained records of deer-vehicle accidents since 1980 - 1,395 that year. The number climbed steadily until 1998, reaching nearly 10,000. The total number of accidents has remained fairly stable since then and even declined slightly in the past couple of years.

Fatalities have occurred nearly every year since 1991. The peak was five in 1996, the year that also produced a significant increase in overall accidents. It is probably not a coincidence that 1996 is the same year the speed limit was increased to 65 mph.

...

As we enter into the most likely time of the year to find deer crossing a roadway, drivers have an opportunity to decrease their chances of striking a deer. Keep these points in mind, especially during the evening and nighttime hours:

- Intentionally look for deer. Scan the roadside and down the roadway using high beams as much as possible to reflect deer eyes on or near your path.
- Pay attention to the sides of the road, especially in areas where trees and shrubs could obscure the view.
- Drive at a moderate speed, particularly on roads near woodlands, crop fields, parks, golf courses and streams or creek bottoms.

- Slow down in areas where deer crossing signs are posted. These signs are posted where vehicle-deer crashes have repeatedly occurred.
- Reduced speed will decrease the likelihood of a deer collision.

- If you see deer, slow down, be prepared to stop, and always assume other deer are nearby and could bolt onto the road.

the road.

- Slow down when approaching deer standing near roadways. They have a tendency to bolt, possibly onto the roadway.

- The most serious accidents occur when drivers lose control of their vehicles trying to avoid an animal. Do not take unsafe evasive actions. It is usually safer to strike the deer than another object, such as a tree or another vehicle.

- Always wear a seat belt. Statistics show that most people injured or killed in deer-related collisions were not wearing seat belts.

...

October to December accounts for the majority of accidents involving deer. However, you should be aware at all times of the potential for a deer-vehicle collision, especially between the hours of 6 p.m. and midnight.

It is equally important to be aware of other wildlife in the area, particularly the elk that are found on Fort Riley and surrounding lands. Although elk are not very common in the area, a collision with one of these animals that may weigh two to three times as much as a white-tailed deer can be very serious. Elk have been found just about everywhere on post, so the potential exists over a wide geographic area.

Other species of wildlife that normally do not cause serious damage should also be considered. Accidents occur when drivers try to avoid small animals

See Deer, Page 18

Nemechek solid in top-10 Atlanta speedway finish

Army News Service

HAMPTON, Ga. - Joe Nemechek's late-season improvement continued Oct. 29 as the U.S. Army driver posted a solid ninth-place finish in the Bass Pro Shops 500 at Atlanta Motor Speedway.

The result was Nemechek's second top 10 finish in the last four races and his fourth consecutive top-20 performance.

"I wish this was the beginning of the season and not the end," Nemechek said. "Today was fun.

It all worked. The Army Chevy responded to the adjustments; we had excellent pit strategy and the over-the-wall guys did another outstanding job."

With qualifying being canceled Oct. 27 because of rain, Nemechek started the Nextel Cup race from the 31st position.

But, as soon as the green flag dropped, it was evident that Nemechek had a stout racer. He plowed through the field, running in 14th place by lap 50 of 325.

"The 01 Army Chevy was solid from the get-go. The only down-

side was that we let a few spots slip away at the end," Nemechek explained. "But with two top-10s and four top-20s in the last four races, I think it's safe to say we're coming out of our slump."

"We're still not where we want to be but we're getting there. We're going to continue to go after it in the final three races of the season," he added.

Nemechek, who ran as high as seventh in the closing stages of the 500-mile race, almost saw his strong performance end pre-

See Nemechek, Page 18



Army driver Joe Nemechek posted a solid ninth-place finish at Atlanta Motor Speedway Oct. 29.





Sports news briefly

Wrestlers needed for tournament

Wrestlers are being invited to enter the post wrestling tournament scheduled for Nov. 14. Deadline for entering is Nov. 7. About 35 wrestlers are needed to have a tournament, said Barry Sunstrom, post intramural sports director.

Matches will be contested in nine weight classes: 119 pounds, 128 pounds, 139 pounds, 152 pounds, 167 pounds, 187 pounds, 214 pounds, 245 pounds and 276 pounds.

Wrestlers will weigh in at King Field House between 8 and 10 a.m. Nov. 14.

Awards will go to the first- and second-place teams entered, the first- and second-place individual in each weight class and to one outstanding wrestler in the tournament.

For more information, call 239-3945.

Field house activities listed

Nov. 3 – No fitness classes
Nov. 6 – 9 a.m., Spinning
Nov. 6 – 12:15 to 12:45 p.m., Target Tone
Nov. 6 – 6 p.m., Cardio

Pump-Step Aerobics
Nov. 7 – noon, Hip Hop Aerobics
Nov. 7 – 6 p.m., Spinning
Nov. 8 – 9 a.m., Turbo Kick
Nov. 9 – 6:30 a.m., Spinning
Nov. 9 – 9 a.m., Spinning
Nov. 9 – noon, Hip Hop Aerobics
For more information, call 239-2813.

Custer Hill Lanes events listed

Custer Hill lanes is open daily for lunch from 11 a.m. to 1 p.m.

Nov. 4 – 4 to 7 p.m., Extreme Bowling

Nov. 5 – 11:30 a.m., Sunday Football in the Strike Zone Pub

Nov. 5 – 5 to 7 p.m., Extreme Bowling

Nov. 6 – 6:30 p.m., Monday Night Football in the Strike Zone Pub

Nov. 8 – 5 to 7 p.m., Wednesday Wing Night in the Bar

Custer Hill Bowling Center, Building 7485, offers open bowling 5 to 11 p.m. Tuesdays through Thursdays, 5 to 10 p.m. Fridays and 3 to 11 p.m. Saturdays.

For more information about Bowling Center activities, call 239-4366.

Classified Runner
4 x 2L25"
Black Only

Deer continued from page 17

on the road.

The issue of deer whistles always comes up as a topic regarding deer-vehicle accidents. These devices are intended to make a high-pitched sound that is uncomfortable to deer, thus repelling them from your vehicle. The vendors of these products say they work, and many people who have installed them have never hit a deer.

However, the research done on these devices conclude for the

most part that they are not considered effective. Although it probably won't hurt to put them on, the best course of action is to employ the points listed above.

For more information, contact the Directorate of Public Works Conservation Office at 239-6211. You can also stop by the office in Building 1020 or visit our Web site at <http://www.riley.army.mil/Services/Fort/Environment/NatResources/>.

Nemechek continued from page 17

turely when he slid through a few spinning cars with 16 laps remaining.

"I don't know how I missed that one," Nemechek noted. "For a split second it looked like my Army car was going to get collected in the rubble and it would be another one of those tough-luck-Joe days. But this time, the luck was on our side. You need that in this business. And when

you get some luck you better take advantage of it."

"I am really happy for this team and for all of our Soldiers. They deserve these kinds of finishes," he said. "Our Soldiers continue to inspire us when we need to fight through adversity."

Nemechek and the 01 Army team will take their momentum to Texas Motor Speedway for the Dickies 500 Nov. 5.

KSU TRADEOUT
2 x 8"
Black Only
2x8 KSU Trade Wildcat Weekend



Classifieds





Travel & Fun in Kansas

Fort Riley assets support area Veterans' Day observances

Staff report

Fort Riley assets will be busy supporting numerous community events this month and in honor of Veterans Day.

Junction City

Starting off the activities is a parade in Junction City Nov. 4 sponsored by the Junction City and Geary County Military Affairs Council.

The veteran and military appreciation event will kick off at 10 a.m. at Junction City High School, 900 N. Eisenhower. Fort Riley Chief of Staff Col. Walter Gilliam, parade grand marshal, will lead

the procession from the high school down Sixth Street to Franklin Street.

The Commanding General's Mounted Color Guard, the 1st Infantry Division Band, and other Fort Riley Soldiers will participate in the parade to celebrate the return of the "Big Red One." Two helicopters from Fort Riley's Combat Aviation Brigade will also perform at fly over during the parade.

Manhattan

On Veterans' Day, Manhattan will host a parade in remembrance of the sacrifices and experiences of all veterans. Members of Fort Riley's command

group, a color guard, the CGMCG, 1st Inf. Div Band and Fort Riley's Soldier and Noncommissioned Officer of the Year will participate in the Manhattan parade.

The parade will begin at 9:30 a.m. at City Park and proceed down Poyntz Avenue to the Town Center Mall.

Following the parade, members of the CGMCG and a "Humvee" will be available in the courtyard of the Riley County Courthouse.

Retired Air Force Gen. Richard Myers, former chairman of the Joint Chiefs of Staff, will speak at a patriotic ceremony at 11 a.m. at the Wareham Theater on Poyntz Avenue.

Other area observances supported by Fort Riley:

Leavenworth County:

The 1st Inf. Div. Band and Fort Riley's Commanding General's Mounted Color Guard are scheduled to lead the Leavenworth County Veterans Day Parade at 10:30 a.m. Nov. 11. The parade will begin in downtown Leavenworth, Kan.

Main Street in Eskridge, Kan.

Ottawa:

A dismounted color guard in Vietnam-era uniforms will lead the Ottawa Veteran's Day parade at 10:30 a.m. Nov. 11.

The parade begins at Main Street and will process down to 4th Street where it will pause for an 11 a.m. ceremony to honor veterans. The parade then continues to Forest Park. Educational reenactments will be on display thought the day in the park.

Eskridge:

Fort Riley's Commanding General's Mounted Color Guard is scheduled to lead the eighth annual Eskridge Veterans Day Parade at 10 a.m. Nov. 11 along

Leisure time ideas

ITR helps plan get-aways

Great Get-a-Way Tour, Nov 12 - Join ITR to see "Over the River & Through the Woods" starring Marion Ross from "Happy Days" at the New Theatre in Overland Park.

Love of family, especially eccentric grandparents, is at the heart of this wonderfully warm, exceptionally funny comedy. Cost of \$50 includes coach bus transportation and dinner theatre admission. Seats are limited so make reservations early.

For more information on this and other trips call 239-5614 or 239-4415

Manhattan:

What: "All I Really Need to Know I Learned in Kindergarten." Music and lyrics by David Caldwell

When: Nov. 10-12 and 16-19

Where: Manhattan Arts Center, 1520 Poyntz Ave.

Tickets: \$9 to \$16

Phone: (785) 537-4420

Web site: www.manhattanarts.org

What: Jupiter String Quartet.

This Boston-based quartet has performed to critical acclaim across the United States and abroad. They recently captured first prize in the prestigious 8th Banff International String Quartet Competition, as well as the Szekely prize for best performance of a Beethoven quartet.

When: 7:30 p.m. Nov. 17

Where: McCain Auditorium, Kansas State University

Tickets: Public \$20, students and children \$10, military, seniors and faculty \$18.

Phone: (785) 532-6428

Web site: www.ksu.edu/mccain

Wamego:

What: "Columbian Christmas." Annual Christmas musical production.

When: Dec. 1-3, 7-10 and 14-17.

Where: Columbian Theater, 521 Lincoln Ave.

Phone: (800) 456-2029

Web site: www.columbiantheatre.com

US CELLULAR
4 x 16"
Black Only
pu 10/29 ke241 4 color

CARNAHAN CREEK TREE SERVICE, I
2 x 3"
Black Only
2x3 Carnahan Tree Svc

COLOKTYME
2 x 3"
Black Only
2x3.coloktyme.10/27.1731.1k

FOUR SEASONS RV ACRES
2 x 3"
Black Only
2x3.fourseasons.9/15.5066.1k

